

**WESTERN SYDNEY DANCE CHAMPIONSHIPS  
AT PARRAMATTA RSL SUN 18 SEPTEMBER 2011**

**Grade Restrictions**

- Social** Novice Dancer. Street clothes attire. Dancing under 12 months with no prior competition experience or have not won a competition in their styles of dance.
- Amateur** Comp Dancer who is a non professional (not a teacher in any aspect ) Dips, Slides and Unsupported Jumps (cartwheel, leap, star jumps etc) are permitted. No lifts
- Open** Drops, Props, Slides and lifts/ aerials are permitted in all grades.
- Invitational** Un-Restricted event. Open to all Professional and Amateur dancers.
- 'Dancing Up'** Dancers are eligible to dance in their grade and open, in there given age group. (Dancing up an age group is not allowed unless permission has been granted due to there being a lack of numbers in any given event)

**Categories**

Please note The Rock 'n' Roll Events at this competition are accepting any of the following Styles. You will be judged on musical interpretation, no one style will be take precedent. Dancers can dance anyone of these styles in the event. We have gone back to Mixed Styles Rock 'n' Roll for this competition.

**ROCK'N'ROLL CATEGORIES**

- Rock 'N' Roll** Basic actions to include any of the following: Tap Step/ Pressure Step, Kick Step (6 Beat). Majority of dance is 6 counts.
- Rockabilly** Basic actions are restricted to a 1 Bar Construction, footwork (4 Step) No Back Replace. Danced anti-clockwise.
- Jive** Restricted to triple step Jive, High knee action in basic, kick ball change included
- Continental** Basic actions include (9 Step), either continental or jive with a flick/kick ball change. High Knee action must be maintained

**SWING CATEGORIES**

- Slow Swing** Basic actions include 4-beat, Triple Step, 6 Step, West Coast, East Coast and Harlem Swing. Slow Lindy and Swing Jive moves are also allowed.
- Fast Swing** Also known as Lindy Hop. Basic actions Boogie and Lindy Hop with linear movements, including Charleston orientated moves. Patterns to include 4, 6, 8 counts and variations thereof.
- Lift Work** Using any of the above footwork actions this **Must** include entries and exits to and from lifts into combinations of moves. Lift work is restricted in lower grades. No more than 6 lifts may be used in a open lift event.

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**Novelties**

- Jack n Jill** Dancers names will be drawn out of a hat so that regular partners do not end up partnering each other. This Dance will test out couples ability to lead and follow and musicality skills.
- Pro am** Professional dances with amateur ie: teacher with student
- Parent/child** Any "parent" can dance with any child ie: adult with Juvenile or Minor as per age restrictions

**Age Restrictions**

**Minors /Juvenile:-** Both dancers must be thirteen (13) years or younger. If you have turned fourteen (14) years of age, then you are not eligible to dance in this category.

**Youth:-** Both dancers must be nineteen (19) years or younger. If you have turned twenty (20) years of age, you are not eligible to dance in this category.

**Adult:-** If you are twenty (20) years old or older, then you are eligible to dance in this category.

**Senior:-** Both dancers in this section must be thirty five (35) years of age or older to be eligible to dance in this category.

**Master:-**Both dancers must be over sixty (60) to dance in this category

*NB Seniors/Masters - " should there not be enough dancers for the heat you will be placed in a merged Seniors/Masters event*

**Judging Criteria**

**Timing/ Musicality**

- Rhythm and Timing essential. Dancers must be in time with the music
- Dancers musical interpretation will score higher, i.e. using the breaks in the music, fancy footwork etc

**Presentation/ Attire**

- Outfits can be traditional or abstract as long as they match each other and or suit the era of the dance style.
- Dancers should also be enjoying what they are doing we will be looking for smiles and couples having fun.

**Technique**

- Dancers must use correct techniques for each dance style (ie: Rock'n' Roll should be majority 6 count based moves and basics included , Lindy should be majority 8 count based moves and basics )
- Dancers with good frames, lines of dance and arm work will be taken into account
- Footwork
- Leading & Following

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**Judging Criteria con't**

**Choreography/ Routine**

-Structure of your dance and moves performed ie: harmonies, dips, dance positions, moves, lift work if applicable.

**Degree Of Difficulty**

-Dancers with challenging maneuvers performed "correctly" will score higher than those dancing basic steps

**Synchronization**

-Couples who are in harmony with each other from moves to body and hand positions and enjoying themselves

**Ending**

-We will look for couples who finish their dance with an ending

**Overall**

-Points will be given to dancers who can put all these aspects together.

**Rules & Regulations**

1. DANCERS compete all sections strictly at their own risk.
2. No responsibility will be taken for any accidents, injury or lost property (this includes all persons present as well as competitors).
3. THE ADJUDICATOR'S: decision is final. Only Officials may approach the Adjudicator's table.
4. ANY PROTEST: must be lodged with a fee of \$10 within 15 minutes of the offending incident. Fee will be forfeited if the protest is dismissed.
5. COMPETITORS: must be ready to take their place at the marshalling area at the appointed time and in the order set down in the program. Failure to do so could lead to disqualification.
6. THE COMMITTEE: reserves the right to substitute adjudicators without notice.
7. A fee will of \$2 will be charged for numbers as a deposit and refunded on return of numbers.

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8. A fee of \$5 per event for results will be charged.

**IN HOUSE RULES**

- NO SMOKING PLEASE
- EVERYONE TO REPORT TO FLOOR MARSHALL 2 EVENTS PRIOR TO YOUR EVENT
- IF YOUR NUMBER IS NOT ON THE FLOOR MARSHALL SHEET YOU WILL BE DIRECTED TO A COMMITTEE MEMBER.
- NO LATE ENTRIES FROM 12NOON ON THE DAY.
- OUR MAIN OBJECTIVE IS TO PUT **FUN** BACK INTO DANCING. THIS IS THE REASON WE TAKE UP DANCING. DON'T LOSE THAT ASPECT. IT IS MOST IMPORTANT TO ENJOY WHAT YOU ARE DOING.
- WE WOULD LIKE TO BRING NEW PEOPLE, NOVICE & SOCIAL DANCERS INTO THE COMPETITIONS AND PROVIDE A RELAXED ENVIRONMENT FOR THEM. WE ARE NOT INTERESTED IN THE POLITICS OF DANCE. WE LIKE TO SEE NEW TEACHERS BEING GIVEN A CHANCE TO ADJUDICATE TO FURTHER ENHANCE THEIR SKILLS AND PROMOTE THEMSELVES.

MOST IMPORTANTLY PLEASE ENJOY THE DAY.  
IT IS YOUR DAY.

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